



Heart Facts

A Publication of Cardiology Associates

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Comprehensive Adult and Pediatric Cardiovascular Care February 2005

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Cardiology Associates Is First Private Practice In Nation To Acquire GE 64-Slice Volume CT Scanner

Cardiology Associates is pleased to announce a partnership with GE Healthcare to bring the newest development in CT technology to patients along the Gulf Coast.

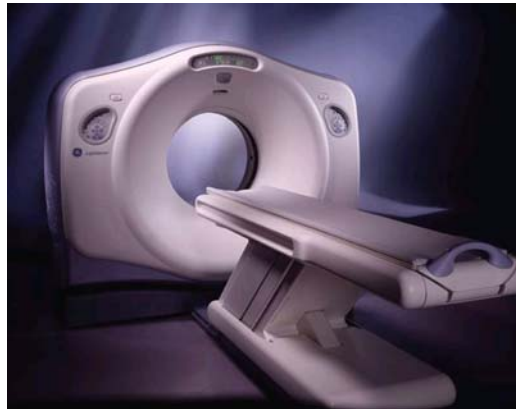
GE's LightSpeed® VCT (Volume Com-

puted Tomography) has the potential to transform the way physicians are able to diagnose and treat heart disease. The LightSpeed® VCT is able to non-invasively view any organ in one second, scan the whole body in less than 10 seconds, and capture images of the heart and coronary arteries in fewer than five heartbeats, something no other CT system can offer.

In one rotation, the system creates 64 credit card-thin images, which are combined to form a three-dimensional view of the patient's anatomy. From these images, physicians will be able to view developing blockages or total blockages in the coronary arteries leading to the heart as well as the motion and pumping action of the heart.

For some patients, selected on the basis of their underlying disease, this scanner may revolutionize the cardiac testing they will have to undergo.

Heart motion has historically made CT cardiovascular scans challenging, but the LightSpeed® VCT will provide high-quality images in only five beats of the heart. In the future, patients presenting with chest pain may be able to be scanned quickly and non-invasively, with the LightSpeed® VCT, for evidence of heart attack, pulmonary embolism or aortic dissection, the three most life-threatening causes of chest pain, all in one single scan.



GE's LightSpeed® VCT Scanner shown at left.

Cardiology Associates Celebrates National Heart Month 2005

February 1 - 7:30 a.m.

“What Is Heart Failure?”

Stephanie R. Cleveland, PA-C will present to members of the Heart & Soles Walking Club in front of JC Penney Fountain at Colonial Mall Bel Air. *Membership is Free. Call 478-1893, in advance, for membership information.*

February 1 - 9:00 a.m.

WKRG News

Dr. Michael Monson will “Kick Off” National Heart Month by discussing “How To Be Kind To Your Heart.”

February 2 - 1:05 - 1:30 pm

WHEP Radio (1310 AM)

Dr. Jay Stinebaugh will discuss Exercise & Other Heart Health Issues.

February 4 - 10:30 a.m. - 12:30 p.m.

National Wear Red Day

Dr. David Trice will participate in a “Take Time for Your Heart” panel. This event, at the Nix Center, includes a fashion show and luncheon. Admission is \$5 donation to the American Heart Assoc. For information, call Thomas Hospital at 990-4008.

February 7 - 7:00 a.m.

WKRG Morning News (Ch. 5)

Dr. Kenneth M. Burnham will discuss heart failure in two interviews airing at approximately 7:10 and 7:30 a.m.

February 9 - 10:00 a.m.

Cardiac Testing Beginner’s Guide

Dr. Karl Hakmiller will speak to Thomas Hospital’s Seniors’ Best at the Nix Center about various types of cardiac tests & what they detect. FREE. For info, call 990-4008.

February 10 - 8:00 a.m. - 2:00 p.m.

Lifestyles Expo in “The Big Tent” at City Sportsplex in Gulf Shores

General public may visit a variety of health and lifestyle booths.

February 11 - 9:00 a.m. - 12 noon

Lobby of Heart Care Building at Springhill Medical Center

Love Your Heart Mini Health Fair

February 14 - 9:00 a.m.

WKRG News

Registered, licensed dietitian Lynn Barnes will highlight “10 Cholesterol Fighting Foods.”

February 14 - 7:00 - 10:30 a.m.

Health Fair at Thomas Hospital Wellness Center

Includes many cardiac screenings. \$30 for members of Women’s Best or Seniors’ Best. \$40 for non-members. For information, call 990- 4008.

February 16 - 1:05 - 1:30 pm

WHEP Radio (1310 AM)

Dr. Ralph Buckley will discuss “Eating For Heart Health”.

February 17 - 6:30 p.m.

Thomas Hospital Wellness Center

Dr. Brian Dearing will present “The Heart Truth For Women” at Thomas Hospital’s Women’s Best program. For information on Women’s Best or to register, call 990-4008.

February 17- 2:00 - 4:00 p.m.

“Advances in the Treatment and Care of Heart Failure”

Diagnosed Heart Failure Patients are invited to attend this lecture and Patient Panel Discussion presented by Kenneth M. Burnham, M.D., Heart Failure Specialist with Cardiology Associates, and a group of Heart Failure Patients who have experienced successful treatments and outcomes.

The lecture will be held in the Auditorium of the Mary Abbie Berg Senior Center at 1717 Dauphin St. and Refreshments will be served.

Space Is Limited . . .

PreRegistration Is Required!

Please Call 340-6851

February 18 - 11:00 a.m.

Orange Beach Senior Center

Dr. Ralph Buckley will discuss Cholesterol. For information or to register, call 981-3440.



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