



CARDIAC PET SCAN
PATIENT INSTRUCTION SHEET

Patient's Name: _____ DOB: ____/____/____

Test Date: ____/____/____ Time: ____:____ am / pm

Testing Locations: Cardiology Associates Office:

Mobile - 3715 Dauphin Street, Suite 1100, 1st floor, Heart Center Building. Fairhope – 188 Hospital Drive, Suite 100.

IMPORTANT PLEASE READ CAREFULLY

TEST PREPARATION FOR A CARDIAC PET SCAN

12 HOURS PRIOR TO YOUR TEST:

DO NOT CONSUME ANY CAFFEINE OR DECAFFEINATED PRODUCTS

This includes: **Coffee** (regular or decaffeinated), **Teas**, **Sodas** (regular or diet), Energy Drinks, **chocolate** products and any medication with caffeine, such as BC powders, Goody or Excedrin.

12 HOURS PRIOR TO YOUR TEST:

Drink water only.

You can have breakfast with water, white milk or juice by ____:____ a.m. / p.m.

DRINK PLENTY OF WATER THE DAY BEFORE & MORNING OF YOUR TEST:

Please hydrate, drinking 16 oz of water or more the day before and the morning of your test. If you are considered to be a "Hard Stick" **and** you are not on fluid restriction by your physician, we ask that you please start drinking water frequently at least 3 days prior to your test.

IF YOU HAVE CONCERNS OF CLAUSTROPHOBIA OR ANXIETY:

Please notify the test scheduler or nurse at time of scheduling. Your physician will advise if a mild sedation can be ordered at your pharmacy. If so, you will need a driver to accompany you to the test.

The PET test scheduler will contact you to go over test preparation, including which medications to hold.

HOLD these MEDICATIONS the morning of your test:

HOLD these MEDICATIONS day before your test:

It is okay to resume all routine medications following the completion of your test.

An explanation of the test is provided, and you will be asked to sign a consent form. Women 50 and under will also be asked to sign a non-pregnancy form or take a pregnancy test.

Please **allow a minimum of two hours** for the entire test, including preparation. The actual exam/scanning will last between 30-45 minutes.



You will lie on a comfortable table that moves slowly through the ring like PET/CT scanner (pictured to the left) as it acquires the information it uses to generate images.

NOTE(s): A radio pharmaceutical dose will be ordered specifically for your scan. If you need to reschedule, please call our office at least 24 hours prior to your scheduled appointment so your dose can be cancelled at no charge.

QUESTIONS, PLEASE CALL OUR CARDIAC PET SCHEDULER - 251.340.6837